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- David and Rachel Davies
- Mrs Lindsay-Rae and Sherborne Girls Choir
- Vicky Hukin

For partnership working

- Nordcat
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12.00 to 14.00 for hot lunch

# News for Friends

Newsletter of the

Friends of Guys Marsh

No 13 Spring 2016

## The Governor's Report to Friends

It is now just over 12 months since I returned to Guys Marsh to be the Governor. My appointment came at a time when the establishment was struggling to adjust to both necessary organisational changes and the impact of managing an offender population drawn from a discrete geographical area (Community Package Area also known as a CPA) Throughout the Prison Service these challenges were increased by the threat of the rapid rise in the use of New Psychotropic Substances (NPS) also known as 'legal highs', 'Spice' and other such street names.

It is obvious that people do not come to prison by choice. Even so most offenders are willing to engage with the regime. Unfortunately there is a small but aggressive part of our population who continue in their offending behaviour and with only their self-interest at heart. These few create a disproportional amount of disruption and harm to others. The management of these individuals has occasionally felt relentless, with staff having to regularly intervene in volatile situations and manage quite distressing incidents.

In order to experience first-hand the pressure on staff during this year I took an opportunity to return to an Officer's role. The most striking feature for me was just how busy staff now are, with every moment of their day mapped out. The time to just talk or get to know prisoners has largely been removed by the standard structure introduced to Cat C prisons. Equally the response time needed to manage incidents is not acknowledged so other work suffers. This level of intense activity comes at a cost which will not be recognised until later.

Perhaps I should declare why I have such a commitment and determination to see Guys Marsh delivering its full potential again. This is my third tour of duty at the establishment; I started my career here in 2000 as the Head of Residence before moving to the Head of Reducing Re-Offending. I returned to Guys Marsh in 2011 for a short period as the Deputy Governor. I was pleased to be called upon as an experienced Governing Governor to help to return the establishment to its previous

standards where the prison provided a constructive regime in a safe and decent environment.

From the outset I have set the five key priorities for Guys Marsh: Decency, Respect for People, Reducing Re-Offending Safety, and Security. Each priority is interdependent and when delivered will improve the outcome for offenders at the prison and reducing re-offending.

It has also become all too apparent to me how co-dependant a Governor is on externally commissioned Services and central policies to achieve a local, albeit a standardised, provision. Key services such as Health Care, Education, Resettlement Services, Drug Services, Building Maintenance, and Offender Programmes all are commissioned and managed externally. I fully appreciate the support the third sector is providing and the potential that this sector holds in helping to maintain and develop future services.

That said, as the Governor I am accountable for service delivery at the prison. As you can imagine a significant amount of time is devoted to ensuring all service providers are working towards the same objectives with the same agenda.

As a public service the Prison Service has to adjust to reduce costs to meet the government's austerity agenda. Therefore the opportunity to bring extra public funded resources to a problem or failing target is not an option. I believe the improvement at Guys Marsh over the last twelve months reflects this current position with progress being slow but steady. I am under no illusions that progress is likely to continue at this pace, with a few steps forward and possibly one backwards. I am only too aware of the need to adjust to the future direction of the 'Prison Reform' review which seeks to put rehabilitation and redemption at the heart of the Criminal Justice System. **Paul Millet**



Governor, Paul Millet



**Joanna Maria Kozuba-Kozubaska**  
15th March 1946 – 10th August 2015

Joanna came to be chair of FOGM after a chance meeting with a committee member at a garden party held by Fay Weldon one of our patrons in the summer of 2013. With her extensive working background in business management, social services and the prison system, in particular the rehabilitation of prisoners she was an ideal person to take over the reins.

At the same time as joining FOGM Joanna's book "Cries For Help: Women Without a Voice", was published and she made a television appearance in a documentary on Channel 5 about Holloway Prison and Myra Hindley whom Joanna knew and supervised. Joanna was very keen to understand the needs of FOGM and very quickly set about, with the committee creating ideas and plans for the future that would build on the achievements FOGM had already realised over the past 10 years.

But it was a great shock to us all to discover after only a few months of chairing FOGM that Joanna who had begun to experience immense difficulty in walking was in fact suffering from a very aggressive form of Motor Neurone Disease. After only a few months more Joanna died on 10th August peacefully in Salisbury Hospice. On 29th September 2015 a service in celebration of Joanna's life was held at All Saints Church, Fonthill Bishop, Salisbury and members of the committee joined many others in commemorating the life of this remarkable lady, too many to all fit inside the church. The overflow was seated in a marquee on the vicarage lawn. Friends, family, contemporaries and old school chums joined together for a beautiful service of tribute and remembrance assisted by the choir of her old school, Talbot Heath.

We were very fortunate to have had such a chairman however, briefly, and she is greatly missed by us all.

### FOGM Committee's Year in a Nutshell

During the months since our 2015 newsletter the committee has been very active; many of our activities you will read of here. Importantly, we are in the process of changing our charitable status to become a CIO (Charitable Incorporated Organisation) mainly to bring us up to date with modern legal protection requirements. For this the Charity Commission need us to have a new name ('Friends of Guys Marsh Prison') and bank account, otherwise all else remains the same.

Our provision of Saturday visitor transport, family and prisoner support, and employment help for released prisoners have all continued unaffected by any changes or restrictions which the Governor has mentioned in his report: meanwhile FOGM constantly consider new opportunities to pursue in our rehabilitative endeavours.

The committee have welcomed several new members whilst a few have left to follow other interests. Two of our principal roles (Chair and Secretary) are still awaiting permanent appointments; we would be delighted to hear from anyone interested in finding out more.

<http://www.friendsofguysmarsh.co.uk/support-our-work/>

### NOTICE

We are grateful for all the support we receive, every penny of which is put towards our work. We are asking New Friends to subscribe a minimum of £10 to support us but welcome however much more you are able to donate. Thank you for every contribution.

### Future projects

Future plans for the FOGM include giving substantial help towards more prisoners gaining expert Gym qualifications for future employment opportunities and finding new volunteers to assist prisoners in a variety of staff led activities.

### A Musical Evening...

a delightful evening of music was arranged by Mrs Lindsay-Rea with the proceeds most kindly being donated to Friends of Guys Marsh. The concert in St Thomas's Church, Melbury Abbas was given by the Sherborne Girls Madrigal Society with a variety of choral items and music for strings. The enthusiasm of the girls and their lively performances were enjoyed by a church packed with the girl's parents and many FOGMs. In excess of £1,000 was raised by this generous performance. Thanks to Mrs Lindsay-Rea and the girls and Staff of Sherborne Girls School.

### SUBSCRIPTION FORM

I would like to become a Friend of Guys Marsh\*  
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*\*(delete as appropriate)*

Please tell us how you heard about Friends of Guys Marsh

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*The information you provide on this form will be stored on the Friends of Guys Marsh database and will not be passed to or shared with any other external organisation.*

Annual subscription: £10  £25  £50  Other

I enclose a cheque for: £..... made payable to "Friends of Guys Marsh Prison".

I wish to pay by standing order – please send me a form.

Date:

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Signature: .....

## Mindfulness at HMP Guys Marsh

A typical meditation consists of focusing your full attention on your breath as it flows in and out. You observe your thoughts and realise that thoughts come and go. Ultimately by practising mindfulness you have a choice about whether to act on them or not. It is not a religion but a method of mental training.

The Mindfulness All Party Parliamentary working group researched using Mindfulness techniques to improve self regulation and self discipline, reduction in depression, anxiety, fear, guilt, disgust and anger, reduction in drugs use and associated behaviours, improved regulation of sexual arousal and aggression in offenders. Self regulation is of particular relevance to offending behaviour and these difficulties can be present in 80% of the prison population.

As a GP with a particular interest in improving emotional wellbeing as well as physical health, I discovered mindfulness for myself a short time ago and knew that with our mind body connections it would invariably also have a positive effect on physical health.

Funded by FOGM I introduced three mindfulness eight week courses at Guys Marsh in 2015 supervised by Mark Ovland who is involved in the prison initiative for the parliamentary working party.

The group numbers diminished as the programme progressed. It takes several weeks to understand that mindfulness does work but not everyone can wait that long. Also certain prisoners were unexpectedly transferred or released.

Since little mindfulness research is available world wide within the prison setting it seemed important to have a robust and rigorous evaluation in place for at least part of the study. Thankfully Governor Paul Millet made this possible with the help of the prison Psychology department.

The study group included 12 men who had been imprisoned for drug related crime and who wished to take part in Mindfulness Based Relapse Prevention. Five out of the 12 attended the full course. The remaining two groups each of 12 men undertook Mindfulness Based Stress reduction. Thirteen prisoners out of the 24 worked through the whole course. Initial results are very promising although the numbers were small. Dr Anne Hayden M.B.E.

### Analysis from the course suggests:

•They felt they had a choice and the opportunity to be proactive.

•They were more confident to ask for help.

•Correct medication is key to coping with the course

•"I CAN DO IF I WANT TO " was a central theme

•They now had tools of ownership

•They wanted the significant others in their life to try mindfulness also.

•Their trust in Mark and myself was vital for the therapeutic effect.

•They felt could improve their self efficacy, self esteem and confidence.

•Drug abuse was hardly mentioned.

•They talked about their underlying problems: anxiety, depression and fear of the future.

•They sensed a feeling of safety in the group and relief to be away from the chaos.

Dr Anne Hayden is a GP at HMP Guys Marsh

## A FAMILY VISIT DAY 2015

Guy's Marsh prison holds six Family Visit Days a year when fathers can spend from 10am to 2pm with their families in the Visitor's Centre with refreshments, lunch and games for the children. There is a long waiting list of prisoners hoping to be included on a Family Visit Day, and they are encouraged to make a voluntary contribution to the cost. Four trusted prisoners together with a member of staff work hard the day before (and this December in pouring rain) to move over all the tables, chairs from the prison and play equipment into place. They also making sure everything is spotlessly clean (including the toilets) and clear up afterwards.

I arrived at 10.30am when two prisoners were handing out teas, coffees, squash and biscuits. The gym was up and running and an art table with pencils paint and paper. The children could also ice and decorate biscuits. A play leader is provided to encourage the children and

help the parents. A volunteer offered children's face-painting. There was a large soft play area where it was good to see mums and dads working together with their children to create a fortress. A safe area was 'fenced off' with benches for toddlers and babies to safely crawl and roll around. There was also table-tennis table and a Wii.

In the kitchen, a teacher and students from Weston College (who provide education within the prison) were cooking a good Christmas lunch for everyone. After lunch a leading prison officer appeared as Father Christmas with presents for all the children supplied and wrapped by Barnardo's.

I spoke to five members of the prison staff - two were volunteering in their own time. Barnardo's who provide the play leader had also bought two volunteer employees and an extra helper. A project worker from Bournemouth Children's Centre, a volunteer from Bournemouth University,

and two volunteers from Weston College helped out.

All the children I saw were happy to be with their dads, a very new baby had his nappy changed by dad and a teenager had a great time beating his dad at a game on the Wii.

Its clear we all benefit from Family Visit Days. They are important in holding families together when often a prison sentence for the father is also a punishment for the children and can alienate fathers from their families. Both the prison and the prisoners benefit immediately since such visits lift the spirits of those taking part. The governor of Guy's Marsh intends to have at least twelve Family Visit Days a year in the future.

K.Emery FOGM

### Friends of Guy's Marsh Shield for outstanding contributions for a staff member

Jonathan Davies presents the shield to Graham Wollard, Head of learning and Skills



The shield recognizes a member of staff adjudged by their peers to have made an outstanding contribution to life in the Prison and who has devoted time and effort beyond the line of duty. Graham has managed the Prison's gym that has a regular stream of new recruits

participating. He organised the 12 hour spinning bike marathon that raised over £2,000 for the Ocean Ward children's cancer charity at Southampton Hospital.

He has led the Prison's Family Days that are run in the gym which are a great success. He is worthy winner of our shield.

## Justice Secretary Michael Gove visits the Urban Beat Shop

Toby Langton-Gilks continues to provide his hugely popular "Urban Beat Shop" and Music Technology courses for the inmates. Both have been adapted to allow more men to enrol more quickly, in an effort to cater for increasing numbers of "short stay" inmates passing through Guys Marsh. Recently, 20-30 men have been attending workshop sessions each week.

These courses are regarded as a privilege. Eligibility to enrol is dependent on inmates being actively engaged in employment, education or training. Anyone on "No Pay" or refusing to engage, is barred from taking part. Evidence shows that men who would otherwise avoid engaging are now enrolling in education, so they can continue to come to the courses.

Yet again, as is now becoming the norm, a healthy clutch of Koestler Arts Awards were won this year, for work submitted by men from the Urban Beat Shop.

News of the Urban Beat Shop has now also reached Whitehall! Justice Secretary, Michael Gove, announced he was visiting Guys Marsh in October specifically to see the Urban Beat Shop in action. He and entourage (including local MP, Simon Hoare) spent over 45 minutes in a very vibrant and enjoyable session with 9 inmates. It was a great success. Afterwards, when they heard who our guest was, the men were shocked, then worried and then rather pleased with themselves!

## Guitar presentation

The prison chapel is a hub for many activities including the encouragement and benefit of musical involvement. Here men have the opportunity to learn to play instruments join in a music group, compose their own songs and record them along with learning the associated technicalities for future employment in the music field. Being part of a shared interest and practicing the skill of team work plays an important part towards a calm prisoner and a calm prison. The chapel has several guitars but none designed for left-handed players and we were asked by the Chaplaincy if we could rectify this to enable David, a keen left-handed prisoner, or others to join in with the groups. We decided to donate two left-hand guitars in the hope that none of the men would miss out in the future. William and Roberta met Rev. Mike Turnbull and David in the chapel for the hand-over of the guitars one February afternoon. David enjoys group classes and is delighted that he will also be able to practise playing in his cell and teaching himself new music, especially gypsy type jazz, Django Reinhardt's music being a favourite of his.

*BELOW: Rev. Mike Turnbull Roberta Primrose, William Charlton present the left-hand guitar to a delighted David in the chapel.*



## PRISON RUBBISH GETS SORTED

Recycling a penal institution's waste material is an important issue and one that has very recently caught the attention of the newly energised Ministry of Justice.

The government set target recycling figures for all prisons for 2015 was that 30% of waste generated should go to landfill sites, the remainder had to be recycled. The more stringent figures for 2016 are that only 10% to landfill, the remaining 90% has to be recycled.



*Banks of skips are filled daily by prisoners working for War on Waste*

At Guys Marsh rubbish is collected from all the wings, kitchens and work areas and is sorted into- cardboard, paper, hard plastics (plates, knives, forks, cups), bottles and containers, soft plastics, hand towels, computer labels, clothing, furniture, wiring, garden waste.

At Guy's Marsh the Recycling Unit works closely with the private company War on Waste who operates

specifically in Dorset and Hampshire. Four prisoners work at the Unit for the usual four and a half days a week. Between April and October 2015 203 tons of recyclable waste was generated but 92 tons went to landfill sites. The revenue earned was over £16,000 in that time.

*The mucky side of recycling*



A percentage of the money generated by the Unit comes from work done inside the Prison on recyclable waste material brought in by War on Waste for processing. This means bringing clothing for shredding into saleable rags and cardboard boxes for crushing and then binding into useable batches.

Two important points emerge. At the moment prisons around the country operate quite separately from one another, at Guys Marsh the Unit's management are keen for the government to recognise their achievements and allow them to pass this onto other jails. War on Waste is further prepared to offer employment to prisoners, who have worked regularly in the Unit on their release. This calls for NVQ courses in recycling to be run in the Prison.

*Jonathan Davies FOGM*

## CRIMINALLY DIFFICULT QUESTIONS!

A small sub-committee of just three of our committee (Carol, William and Annie) got their heads together to organise a challenging evening - not to be taken too seriously! They turned Marnhull Village Hall into a smart restaurant with tables beautifully laid, candles and low lighting. The hall was fully booked with a buzz of expectation which did not disappoint. The quiz was fiendishly difficult as promised and competitors were often surprised with the brilliance or downfall of their own knowledge! A delicious 2 course meal was served in the interval followed by a draw with terrific prizes. It was a great way to spend a chilly January evening and raise over £1,000 for which our thanks go to all the friends and family who helped and all who supported us.



Ready for the QUIZ

## Positively Guys Marsh an Insider's view

Initially you awake to either a flashlight penetrating your eyelids or more positively, a cheery "mornin'" from a kindly key holder with door unlocking: the latter always preferable to having purple blotches obscuring your vision for fifteen minutes, positively preferable.

You slip in the shower ready for the prospects of the day, you grab a coffee and mooch outside to take in the first rays of the day; fresh from the shower you are positively cheery.

There are options once the day begins in earnest. A walk away are the multitude of happenings and doings just waiting to be utilised, mostly by those with an affinity to doin' and for which they are positive and cheery.

A walk has bought us to the Chapel, happenings and doings a'plenty are about this place, not on a biblical miracle scale but a scale of sorts, if you can read music, bravo and all that jazz. 'Changing Tunes' (a visiting charity) is the name of the game; not only guitars at the ready, duelling Banjo's are heard to roam these corridors on occasion supported by 'Urban Beat' (FOGM facilitated), two of the most positively popular music enhancing

rehabilitation techniques used and not abused, possibly forty bods in all. At the start, your ears may bleed a little, your teeth are definitely destined for the fairy but once on their way, the sound becomes tolerable and eventually adorable as all notes are plucked and keyed, bellowed and chimed in unison (don't mention strike) to produce a positively preferable cheery sound.

As we skip onward, we stand affronted before the Education Building, which is also the location of a marvellous creation called the Library, bibliotechnicians hard at work but always a positive smile and extended digit towards the shelf required, it is also the hub and centre for all of those aspirers, teachers and general self betterers, wanting to study with the Open University, a thing of wonder and Ooo's, ologies a'plenty and help afoot for those a'wanting and a'willing. There are positively plenty of provisions all for the asking, applying and general wanting at your disposal. Positively plenty of study materials, fabrics, silks and sleeves, well the books do at least have jackets after all...p is for positive pickings of books. I continue positively with the stroll around the stroll around Guys Marsh. .... ck

## Why do Prisoners need Friends?

### Why Do Men In Prison Need Friends?

Friends of Guys Marsh (FOGM) support the valuable rehabilitation work provided at HMP Guys Marsh. The projects we undertake or support vary in scale and duration, many requiring considerable financial input, although it sometimes only takes a small sum with thoughtful and targeted help to set one person on the path towards successful reintegration into the community.

### Do Prisons Work?

Prisons we believe are a punishment; a place where an individual loses their liberty for a time and we hope will be rehabilitated and make a permanent change in their behaviour. There are some people who for everyone's safety may have to be confined in a prison indefinitely. However, we believe that all crime is a morally wrong; a simple choice between good and evil is inaccurate and unhelpful. It's possible to believe that crimes without violence are 'not so serious' and crimes such as fraud are minor or a simple case of personal greed. But the consequences for these crimes can be just as devastating for the victims.

### What does it cost

"It costs an average of £65,000 to imprison a person in this country once police, court costs and all the other steps are taken into

account. After that it costs a further £40,000 for each year they spend incarcerated."The government are working to reduce the annual cost per prisoner.

### The repeated cost

Vicky Pryce after her conviction for perverting the course of justice extracted the following list of figures from the Department of Justice 2013 report 2013

47% of offenders leaving prison will reoffend within a year  
58% of prisoners on short sentences reoffend within a year.

70% of under-18s prisoners will reoffend within 12 months

Prisoners whose family didn't visit them were 39% more likely to reoffend

BUT

Community sentences reduce reoffending by 6%

A criminal on suspended sentence is 9% less likely to commit another crime

Getting prisoners to meet their victims can reduce reoffending by 14%

This list makes the repeated financial costs paid by every tax payer clear. The social and personal costs are equally huge including: family break down, increased numbers of crimes, and individuals for whom crime is a solution to immediate problems and a life choice.

### Prisons Here and Now

"Prisons are our least visible, most beleaguered public service. At the close of the year (2015), 70 of 117 prisons in England and Wales are overcrowded.

As prison numbers soared to over 85,000 in 2015, drastic budget cuts saw staff numbers plummet. Serious assaults rose and purposeful activity fell to highest and lowest recorded levels respectively." This was the report by Juliet Lyon, director of the Prison Reform Trust Jan 2016  
However, there is hope on the horizon. The Justice Secretary Michael Gove, in fact-finding mode, recently visited Texas, which "has succeeded in dramatically reducing its prison population while at the same time reducing levels of crime faster than the national average..... Under the Republican-led programme, many criminals who would traditionally be sent to jail are instead sentenced to intense community-led schemes designed to deal with the cause of their offending such as drug abuse and mental health issues. The first year alone saw cost savings of almost £300m, while reoffending rates also fell. Three prisons have now been closed, along with nine of the state's 14 youth offender units."

### Friends of Guy's Marsh

It is in these circumstances that FOGM provides every man in Guys Marsh with friends who will do their best to help.

Please read on and consider how prisons need us all to know more about them. The staff and offenders also need friends. For more information please view: <http://www.friendsofguysmarsh.co.uk/support-our-work/>

William Charlton FOGM

## THANKS FRIENDS

Dear Friends of Guys Marsh,

My tutor has informed me of the generous offer to help me purchase the tools I need for my future job as a Barber.

Thank you so much for helping me cover some of the costs involved. I would like to keep you informed and updated of the progress I make and you can rest assured that the tools will be used to start rebuilding my life Robert

Friends of Guys Marsh,

I just want to say Thank you top you for all the help that you have given me during my stay at Guys Marsh. The money that I have received from you will allow me to buy the tools that I need to start work when I am released. This is a new beginning for me and my family. With your help I feel that I have had a huge weight taken off my shoulders to be able to go to work well equipped to do the job in hand.

Recently I took part in the

nine hour 'Spin Challenge'. I managed to stay the duration of the Spin and did not get off the bike at all during that time. So I am aware of the great and continuing work that you do for Prisoners and the Prison.

As soon as I am able I will return for a visit and perhaps we could meet in the Jailhouse café.

May I add that I am very happy to help you in whatever way I can. My grateful thanks to you all.

Darren

## A Helping Hand to Rehabilitation



LEFT Jonathan Davies and Roberta Primrose present the Screwfix voucher to S

When S gained his status of RTL ('Release on Temporary Licence') he worked on the estate gardens outside the security fence and we met and got to know him during our frequent visits. He applied to us for help towards buying essential equipment for self-employment in preparation for his imminent release. On ascertaining that he is a capable and well qualified electrician keen to start afresh we presented him with a Screwfix voucher and every good wish for his future

F is a prisoner who worked hard during his sentence to pay back and compensate for his past failure. As an experienced Painter and Decorator he firstly helped in the Works Department then, having gained his RTL, transferred to the Jailhouse Café where he gained confidence with the public taking on front of house duties. When the café was temporarily closed for refurbishment he voluntarily offered to renovate and decorate parts of the building which he achieved to a high standard. Once it opened again he resumed his job in the Café, always cheerful, welcoming and attentive to customers' needs. We were

only too pleased to give him a necessary hand up to restart his DIY business on his return to normal life by the means of a Screwfix voucher for basic tools. He has written to tell us how well he is doing having been able to find customers straightaway prisoners get the chance to gain positive skills before being released back into

*I was asked if I would like to work in the jailhouse cafe in December 2014. At that time I had been making lights in workshop 6 which I also enjoyed but being a Dcat and able to work outside and also stay at Guys Marsh was good for me. Rachael treated me with respect; she gets on with everybody and has a great*



Jonathan Davies and Roberta Primrose present the Screwfix voucher to F

*sense of humour. The customers love her and her homemade cooking. Working alongside Rachael, the manager, enabled me to participate in the a Customer Service Course, something that would contribute to my Chauffeur business when released. T*

## Life in the Chaplaincy

"I suppose you only work on Sundays." - a common misconception we hear from some of the prisoners, some of our less-aware visitors and, very occasionally, some staff - speaking tongue-in-cheek, of course, one hopes! Far from it! A better definition of life in the Chaplaincy is - "We never close"! At HMP Guys Marsh there are two chaplains on duty every day of the week, and often there may be more.

The original Prison Act 1952 may have required a Chaplain to be one of the three essential staff for any prison - and at that time the Chaplain had to be a Church of England Christian by faith. Times have changed, and a better name for the modern prison "Chapel" is better described as a "Multi-Faith Chaplaincy". We are staffed with two full time Chaplains - Rev'd Peter Browne, Anglican, and Rev'd Mike Turnbull, Roman Catholic, and a part-time Imam, Imam Abdul Saboor. Together they are supported by

charity, Changing Tunes, is in attendance with Andy Osborne running a music group and individual guitar lessons.

A new initiative, also supported by FOGM, has been the introduction of a regular Yoga session, run by Sally Wagner, in the Chapel on a Friday afternoon. This has proved immensely popular amongst the men and offers a variety of relaxation techniques for those who find the stresses of prison life hard to manage.

Working in the Chaplaincy is a job which brings many rewards from offering support to those in need. It can be guaranteed that no two days will ever be the same. There are highs and lows, but the success of the Chaplaincy is undoubtedly down to the team of Chaplains who work together as a team at all times in a professional, yet compassionate way.

Despite the busy schedule of the Chaplaincy, There is always a warm welcome, and the team are happy to offer hospitality to staff and visitors if they fancy dropping in for a cup of tea  
Rev'd Mike Turnbull RC Chpl

*There is a full-time Anglican Chaplain. Part-time Catholic and Muslim Chaplains Facilities for Quakers, Jewish and others as required.*



**Guys Marsh Carol Service**  
16th December 2015

The service is always held a week or so before Christmas and heralds the start of the happy festive period. That early evening the seasonally decorated prison chapel was filled by staff, inmates, many prison volunteers and invited local dignitaries. This year the service followed traditional lines (not always the case) with a lovely selection of carols sung by the excellent prisons' choir, plus a few solos and with the congregation heartily joining in, all accompanied by David Davies, piano and Mike Turnbull on guitar. The address was given by Mike Turnbull and Bible readings shared between the Chaplaincy team, staff, inmates and visitors.

The congregation was invited afterwards to enjoy a generous buffet and mingle to meet everyone.

**Friends of Guys Marsh Prison**  
practical support • better futures